



Mandatory Equipment for Each Category

65 km WSUT & 65 km WSUT Hike

- Hydration system with at least 1 liter of liquid.
- Personal cup (no cups will be provided at aid stations).
- Mobile phone with the organizer's emergency number saved.
- First aid kit (minimum: bandages and plasters).
- Thermal blanket.
- Whistle.
- Headlamp with spare batteries (for early starts or long race durations).
- Weatherproof jacket (wind- and waterproof).
- Warm layer (e.g., long-sleeve shirt or fleece).
- Trail running shoes with good tread.
- Personal food supply (for sections without aid stations).
- Race bib (must be visible at all times).

32 km WST

- Hydration system with at least 0.5 liters of liquid.
- Mobile phone with the organizer's emergency number saved.
- Weatherproof jacket (wind- and waterproof).
- Thermal blanket.
- Trail running shoes with good tread.
- Race bib (must be visible at all times).

14 km Slow Trail

- Mobile phone with the organizer's emergency number saved.
- Hydration system or water bottle (recommended, not mandatory).
- Trail running or hiking shoes with treaded soles.
- Race bib (must be visible at all times).

Note:

Mandatory equipment will be checked randomly. Participants without sufficient equipment may be disqualified. Safety is the top priority for all participants.

Additional gear may be required depending on weather conditions (e.g., hat, gloves, or sun protection). Details will be communicated in advance.