

Participation Info

Everything you need to know



9.-10. Mai 2025

FAQ

What is the Trail & Hike concept?

Participants register for their chosen distance and then decide whether they want to be classified as a hiker or a trail runner.

What are the cut-off times?

As a trail runner, you have 10 hours to complete the 65 km. If you take longer, you will automatically be classified as a hiker. If you already know before the start that you want to hike the distance, you can start in Pörtschach as early as 4:00 AM.

Runners start at 6:00 AM.

The course closes for all participants on May 10 at 6:00 PM.

Does this also apply to shorter distances?

For both the Speedtrail and the Easytrail, hikers and runners start at the same time.

Are there aid stations?

We will organize a total of 7 aid stations to support you along the route. Four of them will provide full service (fruit, cookies, gels, pickles, and more), while three additional stations will offer drinks only (isotonic drinks and water).

Where are the aid stations located?

In running direction:

-> Gut Drasing

-> Klagenfurt

-> Rauth

-> Pyramidenkogel

-> Dellach

-> Velden

-> Thadeushof

-> Finish line aid station

How is the course marked?

Neon yellow ribbons and occasional arrows will guide you along the trail. However, we recommend downloading the GPX

track. The links in this document will be continuously updated.

Can I run with my dog?

Unfortunately, dogs are not allowed in the trail running classification. However, if you are hiking, you are welcome to bring your four-legged friend—just don't forget a waste bag!

Is there a shuttle service for dropouts?

If you need to drop out, this is only possible at the aid stations. Return transport must be arranged independently.

Do Naturfreunde members receive benefits?

Naturfreunde members receive discounted registration rates. Please make sure to indicate this when registering.

Are there pre-event trail checks?

Yes, trail checks will be available again. You can find them at klagenfurt.naturfreunde.at.

Is there a drop bag service?

Yes, for the 65 km trail, you can drop off a bag in Pörtschach. It will be available for you at Pyramidenkogel.

Why is the Wörthersee Trail & Hike Festival a Green Event?

As Naturfreunde, it is our heartfelt concern to minimize our environmental impact during events. Therefore, we recommend using public transportation for arrival and departure.

Additionally, we utilize existing trails and do not create new ones in nature. We also strive to reduce waste to nearly zero, which is why there are no disposable cups at refreshment stations. Drinking cups are therefore part of the mandatory equipment for participants.

Can I bring my own food?

Absolutely, you will definitely need it. BUT keep in mind that your gear will be checked before the start. Gels and energy bars must be marked with your race number. If a participant's waste is found, they will be disqualified retrospectively.

How do I get back?

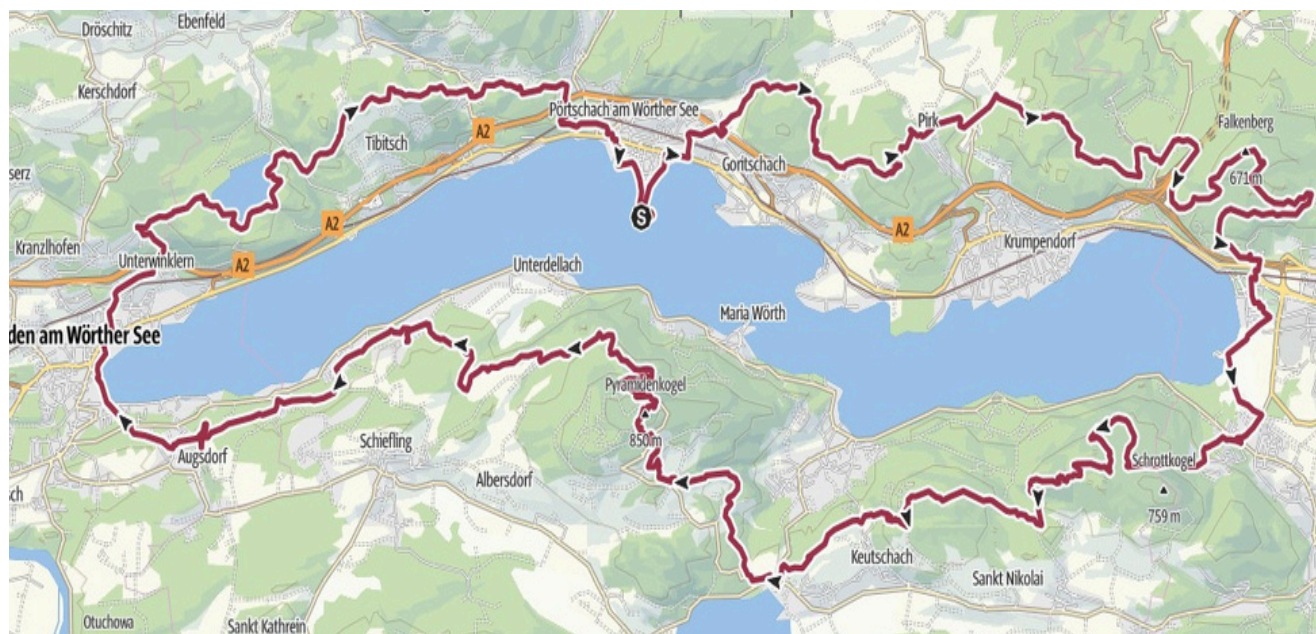
All bus and train stops, including schedules, can be found here:

<https://routenplaner.kaerntner-linien.at/>

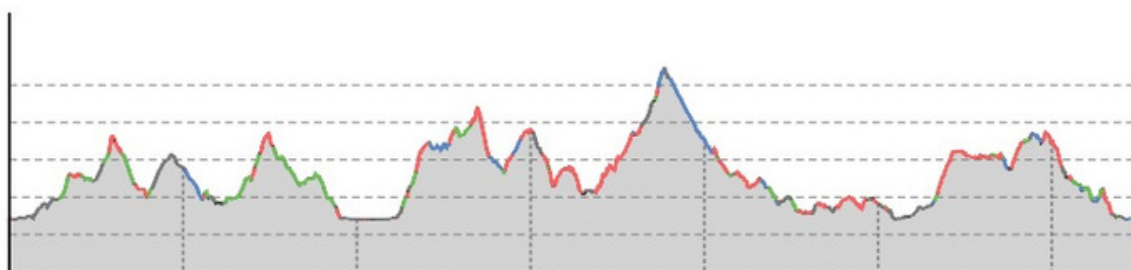
Questions are continuously updated. Is your question not listed?

Then send it to benjamin.hell@naturfreunde.at.

Trail Info "Wörthersee Ultratrail"



Elevation Profile



General Information

Start: Seepromenade Pörschach

Finish: Seepromenade Pörschach

Distance: 65 km

Elevation Gain: 1800 meters

Terrain:

- **Trail: 24.2 km**
- **Asphalt: 17.1 km**
- **Natural Path: 13.9 km**
- **Gravel Path: 9.0 km**
- **Road: 1.0 km**
- **Unknown: 0.1 km**

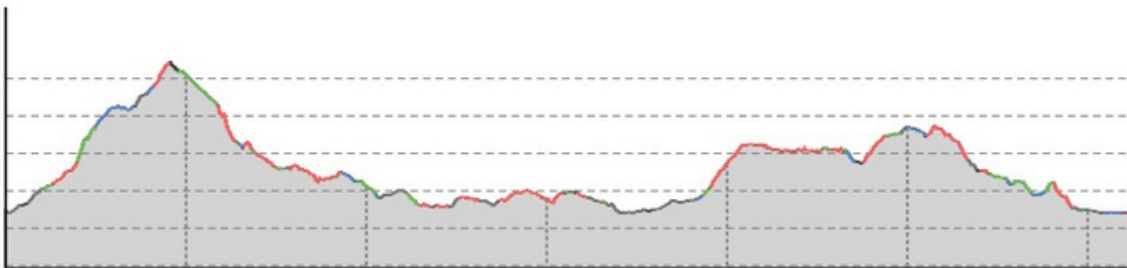
Link to GPX File (NOTE: CHANGES STILL POSSIBLE):

<https://www.tourenportal.at/de/tour/wanderung/woertherseerunde-65-/304032371/?share=%7E3oij3pcb%244ossprpn>

Trail Info "Wörthersee Speedtrail"



Elevation Profile



General Information

Start: Maria Wörth (briefing in Pörschach, transfer to the starting point by boat)

Finish: Seepromenade Pörschach

Distance: 31+ km

Elevation Gain: 800 meters

Terrain:

- Trail: 13.7 km
- Asphalt: 7.0 km
- Natural Path: 5.7 km
- Gravel Path: 4.1 km
- Road: 0.8 km
- Unknown: 0.1 km

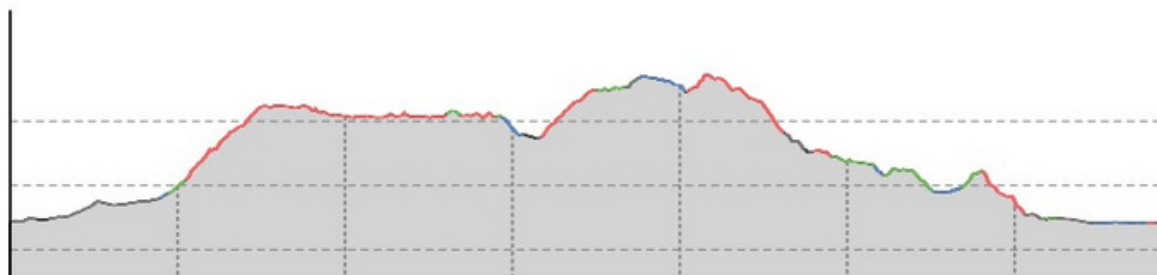
Link to GPX File (NOTE: CHANGES STILL POSSIBLE):

<https://www.tourenportal.at/de/tour/wanderung/woerthersee-31-trailrunde/304032699/?share=%7E3oijboh%244ossprpr>

Trail Info "Wörthersee Easytrail"



Elevation Profile



General Information

Start: Promenade Velden (arrival by S-Bahn recommended)

Finish: Seepromenade Pörschach

Distance: 14 km

Elevation Gain: 320 meters

Terrain:

- **Trail: 6.2 km**
- **Asphalt: 2.8 km**
- **Natural Path: 2.3 km**
- **Gravel Path: 2.1 km**
- **Road: 0.4 km**
- **Unknown: 0.1 km**

Link to GPX File (NOTE: CHANGES STILL POSSIBLE):

<https://www.tourenportal.at/de/tour/wanderung/woerthersee-easy-14k/3040>

[32837/?share=%7E3oijackk%244ossprpt](https://www.tourenportal.at/de/tour/wanderung/woerthersee-easy-14k/3040)

Our partners

At our partner businesses, participants of the Wörthersee Trail & Hike Festival receive special discounts.



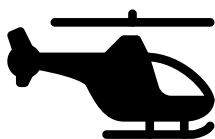
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Worldwide leisure and accident insurance, European liability and legal protection.



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As a Naturfreunde member, you strengthen our voice for environmental and climate protection, as well as the preservation of flora and fauna in alpine areas.



A strong advocacy for trail access rights in Carinthia and Austria.



With Naturfreunde Kärnten Gipfelwissen, we offer exclusive opportunities for functionaries and Naturfreunde members.



As a member, you save with our partner businesses. Additionally, there are special promotion weeks from time to time. More info at naturfreunde.at.



Naturfreunde members receive discounts at all Naturfreunde climbing and bouldering gyms across Austria.



You can find all information, benefits, and much more on our website: kaernten.naturfreunde.at

General Competition Conditions

Participation at Own Risk:

Each participant competes at their own risk. By paying the registration fee and signing the registration form, the participant confirms their agreement to these conditions and acknowledges their responsibility for their participation. For minors, parents or legal guardians assume this responsibility by signing the form.

Signing the Registration Form:

The registration form must be signed when collecting the race number at the registration desk.

Physical Condition:

Participants must be in good physical condition.

Weather Conditions:

The competition will take place in all weather conditions unless participant safety is at risk. In such cases, the organizer reserves the right to change the course or cancel the event.

Age Restrictions:

Participants under the age of 18 are not allowed to take part in the WSUT 64+ km race due to the high demands.

Course Marking and Safety Measures:

The course is well marked with ribbons, signs, flags, and ground markings. Medical assistance and mountain rescue services are available along the course. Course marshals are stationed at key points to guide runners and ensure their safety.

Liability Disclaimer:

The organizer assumes no responsibility for injuries or damages caused by participants to themselves, other participants, or third parties.

Voluntary Withdrawal:

Participants may voluntarily withdraw from the race at checkpoints. In this case, they must immediately inform the organizer using the contact details provided on the race number.

Support:

Any external support between aid stations is prohibited.

Damage to Equipment:

The organizer is not liable for damage to participants' equipment.

Course Issues:

If course markings are missing or unclear, participants must report this at the nearest checkpoint.

Mandatory Equipment:

All participants must carry the required equipment throughout the entire race.

Use of Poles:

Participants using trekking poles must carry them for the entire race. Partial use of poles is not permitted.

Course Compliance:

Participants must follow the designated course. Shortcuts or deviations will result in disqualification. If no markings are visible for more than 200 meters, participants must return to the last visible marking and reassess their route.

Organizer's Rights:

The organizer reserves the right to make changes to the rules, which will be communicated to participants in advance.

Participant Agreement:

By registering, participants confirm that they are familiar with the competition rules and are participating at their own risk, fully aware of the risks associated with such events.

Legal Notice:

By signing the registration form, participants agree not to hold the organizer liable for injuries, damages, or theft of equipment before, during, or after the event.

Anti-Doping Regulations:

The use of doping is strictly prohibited. The organizer may conduct tests if necessary.